

The Ingles a b l e

with Martin Mongiello ELLINIKI SALATA, OR GREEK SALAD

Shopping List

- 2 heads Romaine Lettuce torn by hand
- 1 Cup Tomatoes peeled and seeded
- 1 Cup Cucumber, peeled, seeded
- 1 Cup Red Onion, cut into thin rings
- 1 Cup Green Bell pepper seeded
- 1 Cup Kalamata Olives, pitted
- 1 Cup Feta Cheese, crumbled
- 1/2 Cup Extra Virgin Olive Oil
- 1/4 Cup Red Wine Vinegar
- 1/4 Cup Fresh chopped Dill, remove stems
- Splash Red Wine
- 3 Tablespoons Fresh Lemon Juice
- 2 Cloves Fresh Garlic mashed or crushed
- 1 Tablespoon Fresh diced Oregano or 1 teaspoon dried



Cooking Instructions

- **1.** Make dressing by whisking together all dressing ingredients.
- 2. Scatter lettuce on platter with half the dill.
- **3.** Combine remaining salad ingredients with the dressing; toss well.
- **4.** Add more or less oil, vinegar and lemon juice as is desired
- 5. Distribute over lettuce and serve.

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