



# THE ingles TABLE

with Lindsay Moore  
Chipotle Polenta Cakes!

## Shopping List

1 package pre made polenta

Butter

Salt & Pepper

Ingles Guacamole - Mild

Chipotle Sauce

## Cooking Instructions

- Cut 1/2 inch slices of polenta

-

Add slices to pre buttered pan over medium heat; Cook 2-3 minutes on each side

-Add salt and pepper to taste

-Once cooked remove and plate;  
Once plated add 1 tablespoon of Ingles Guacamole to each cake

-Finish by adding 1 teaspoon of Chipotle to each



[ingles-markets.com](http://ingles-markets.com) | [inglestable.com](http://inglestable.com)