



Betsy Opyt – Betsy's Best

Bunny Wrap + Gourmet PB&J

Ingredients

- 2 cup almond milk (or coconut milk)
- 1 cup blueberries, frozen
- 1 banana, frozen
- 1 cup spinach (or kale)
- 2 Tbsp Betsy's Best Gourmet Almond Butter (can substitute with Betsy's Best Peanut or Seed Butter) 1 Tbsp oats
- 2 Tbsp chia seeds
- Pinch sea salt

Directions

Put all ingredients into blender and blend until smooth.

Relax and enjoy this delicious almond butter blueberry cobbler smoothie recipe!

