

CHEF BRUCE BROWN

Grilled Banana Split

Shopping List:

1 Banana
1 Tbsp Butter
½ cup pineapple slices
2 tsp brown sugar
2-3 scoops Laura Lynn Vanilla Bean Ice Cream
½ cup sliced strawberries
Chocolate Syrup
Caramel Syrup
Crushed Peanuts

Cooking Instructions:

Cut the ends off of the banana and cut the banana lengthwise. Melt butter in a skillet, then place your bananas in the pan. When the bananas are grilled, flip them over, sprinkle with brown sugar, turn off heat, and cover. In another skillet, grill the pineapple slices until caramelized on both sides. To assemble the banana split, peel the bananas and place them on a plate. Top with ice cream, grilled pineapple, strawberries, chocolate syrup, caramel syrup, and peanuts.