



Stuffed Butternut Squash



SHOPPING LIST

- ☐ Butternut squash
- ☐ 1 package of quinoa
- ☐ 1 cup cranberries
- ☐ 1 bag kale
- ☐ 1 can chickpeas
- ☐ 3 oranges
- ☐ 1 Tbsp olive oil

INSTRUCTIONS

- ☐ 350 degree oven.
- ☐ Cut and roast butternut squash until fork tender.
- ☐ Cook quinoa according to package.
- ☐ While quinoa is still warm add kale, chickpeas, cranberries.
- ☐ Juice the oranges in the quinoa stir in olive oil.
- ☐ Stuff butternut squash and serve.