

MICHAEL MCMURTREY

Garden slaw



INSTRUCTIONS

- O In a large serving bowl, whisk together mustard, apple cider vinegar, honey, olive oil, salt and pepper until it is emulsified.
- O Add the rest of the ingredients and toss well.

SHOPPING LIST

- O 1 bag broccoli slaw
- O 1 bag julienned carrots
- O 1/2 purple cabbage, thinly sliced
- O 1 Granny Smith apple, julienned
- O 1 cup walnuts, halves, and pieces
- O 3 scallions, sliced
- O 1/4 cup apple cider vinegar
- O 2 tbsp. grainy mustard
- O 1 tbsp. honey
- O 1/2 cup extra virgin olive oil
- O Salt and pepper, to taste