



THE ingles TABLE

CHEF KAIL

Grilled Peach and Golden Beet Salad



SHOPPING LIST

- ☐ 4 peaches
- ☐ 3 golden beets
- ☐ 8 oz blue cheese
- ☐ 1 oz balsamic vinegar
- ☐ 1/2 oz parsley

INSTRUCTIONS

- ☐ Blanch and peel beets.
- ☐ Peel and grill peaches.
- ☐ Assemble.