



CHEF KEVIN

Lamb Spring Rolls



INSTRUCTIONS

- O Heat the vegetable oil in a pan.
- O Add the lamb, garlic, ginger, and scallions.
- O Cook about 5 mins or until lamb is thoroughly cooked.
- O Remove from heat, drain excess liquids and let cool to room temperature.
- O Add remaining ingredients.
- O Prepare the wrappers in cool water until pliable.
- O Add filling and roll like a burrito.
- O Serve and enjoy.

SHOPPING LIST

- O 12 Rice Spring Roll Wrappers
- O 1 lb. Ground Lamb
- O 1 clove Garlic, crushed
- O 1 oz. Ginger, chopped
- O 2 oz. Julienned Carrots
- O 2 oz. Julienned Red Peppers
- O 4 oz. Mung Bean Sprouts
- O 2 Tbsp. Soy Sauce
- O 1 Tbsp. Rice Vinegar
- O 1/2 tsp. Sesame Oil
- O 2 oz. Vegetable Oil
- O 2 oz. Scallions, chopped
- O 1 Tbsp. Cilantro, chopped
- O 2 Tbsp. Hoisin Sauce
- O 2 cups reconstituted rice noodles