



MICHAEL MCMURTREY

Pasta Slaw and Miso Dressing



INSTRUCTIONS

Pasta Slaw:

- O Cook pasta following package directions.
- O Toss pasta in a large bowl with 1 tbsp. vegetable oil, to keep the
- O pasta from sticking, place in the refrigerator to cool.
- O While pasta is cooling, prepare your vegetables.
- O Once pasta is cooled, add cabbage, carrot, peppers, scallions, and cilantro to the bowl.
- O Toss with dressing.
- O Top with cilantro and peanuts.
- O Miso Dressing: In a bowl, whisk together miso, water, sugar, vinegar, soy sauce, and salt.
- O While whisking constantly, gradually add the peanut and sesame oils until creamy.

SHOPPING LIST

Pasta Slaw:

- O 6 cups cabbage, thinly sliced
- O 1 large carrot, shredded
- O 1 box angel hair pasta
- O 1 bunch cilantro, chopped
- O 1 cup roasted peanuts
- O 1 red pepper, sliced into matchsticks
- O 1 yellow pepper, sliced into matchsticks
- O 1 bunch scallions, sliced
- O 1 can (11oz.) Mandarin oranges
- O 1 tbsp. Sesame oil

Miso Dressing:

- O 1/2 cup white miso paste
- O 1/4 cup plus
- O 1/4 cup sugar
- O 3 tbsp. rice wine vinegar
- O 2 tsp. soy sauce
- O 1/4 tsp. kosher salt
- O 2 tbsp. peanut oil
- O 1/2 tsp. sesame oil