



Blueberry Honey Basil Spritz

Recipe By KAITLYN BAKER

SERVES: 1

INGREDIENTS:

- ¼ cup fresh blueberries
- 2 basil leaves
- 1 tbsp honey
- ice
- sparkling water
- blueberry juice (optional)

DIRECTIONS:

- 1. Add the blueberries and basil to a glass and lightly mash.
- 2. Add the honey and stir.
- 3. Add a splash of blueberry juice, if desired.
- 4. Fill the glass with ice.
- 5. Top with sparkling water.
- 6. Stir and serve.

Blueberry juice can be added for enhanced color and flavor. Fresh herbs and fruit add the best flavor.

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