



## Banana Blueberry Cookies

Recipe By JASMIN QUEEN

SERVES: 6-12

### INGREDIENTS:

- ☐ 2 ripe bananas, mashed
- ☐ 1 cup old fashioned oats (not quick-cook)
- ☐ ¼ cup peanut butter
- ☐ ¼ cup walnut pieces
- ☐ 1 cup fresh blueberries
- ☐ ¼ cup real maple syrup
- ☐ ½ tsp. cinnamon
- ☐ 1 tsp. vanilla bean paste
- ☐ ¼ tsp. salt

### DIRECTIONS:

- ☐ 1. Preheat your oven to 350°F.
- ☐ 2. In a large bowl, mash the ripe bananas until smooth.
- ☐ 3. Stir in the oats, peanut butter, maple syrup, cinnamon, vanilla bean paste, and salt until well combined.
- ☐ 4. Gently fold in the fresh blueberries and nuts.
- ☐ 5. Scoop tablespoon-sized portions of the mixture onto a baking sheet, spacing them about 2 inches apart.
- ☐ 6. Bake for 12-15 minutes, or until the cookies are lightly golden and firm to the touch.
- ☐ 7. Allow them to cool on the baking sheet for a few minutes before eating.

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