

CHEF DEREK St. ROMAIN

Sweet Potato Ham Biscuits

Shopping List:

- 1 ½ cup flour, all purpose or wheat
- 1 Tbsp baking powder
- 1 tsp salt
- 6 Tbsp butter, unsalted
- 3/4 cup mashed sweet potato
- 1/3 to 1/2 cup buttermilk
- 1 Clifty Farms pre-cut Ham

Dressing:

- 1 cup mayonaise
- ½ Tbsp honey
- 1 Tbsp creole mustard
- 1 Tbsp poppy seeds
- 1 Tbsp white wine
- 1 Tbsp olive oil

Cooking Instructions:

In a mixing bowl, mix together the flour, baking powder, and salt. Add the butter and then, using a fork, or your fingers, work the butter into the flour mixture until it is the size of small peas. Refrigerate for 10 minutes to keep it cold. Add sweet potato and 1/3 cup of buttermilk to the flour mixture and stir to combine. If the mixture is crumbly and not sticking together, add the rest of the buttermilk, 1 tablespoon at a time, until the dough comes together. Move the dough onto a flour dusted surface and dust the top with a little more flour. Roll the dough so that it is 3/4 of an inch thick. Cut the dough using a knife or a biscuit butter into 9 pieces. Place the biscuits on the baking sheet and into the 425° oven and Bake until the tops are a light golden brown, 12 to 15 minutes. To make the dressing, mix all dressing ingredients together in a large bowl. Once biscuits and dressing is made, take a saute pan and place Clifty Farms precut sliced ham into the heat skillet. Only cook until just heated well and set all aside. Now, in each biscuit add in a couple sliced of Ham and generously apply the poppyseed dressing. Serve hot.