



CHEF KAIL

Three-Herb Iced Tea with Chamomile Syrup



SHOPPING LIST

- O 2 cup sugar
- O 3 chamomile tea bags
- O 8 sprigs fresh mint
- O 8 large basil leaves

INSTRUCTIONS

- O Bring 3 cup water to boil.
- O Pour over mint and basil. Let cool and sweeten with syrup.

Recipe For Syrup:

- O Boil 2 cup of water.
- O Add 3 chamomile tea bags to sugar water and let cool.